

We live on many planes

THE CHRYSTAL CONNECTION with Crystell and Christophir

Over the past few weeks, we have explored together both ourselves and our worlds to take a clear look at the hidden aspects.

Just as there are other worlds and environments out in space, so are there other dimensions of human experience to be charted. This column is devoted to the investigation of these levels.

We experience life on many different planes. These include the physical, mental, emotional and spiritual levels. We gather experience and knowledge, eventually reviewing and sharing this wisdom. We are all the students and the teachers in one. There are no errors, only trial, readjustment and success.

The physical level is usually the one with which we are most familiar. It is the world of form or manifestation, where what we imagine becomes tangible. It is our laboratory for our dreams, where we concentrate ideas and desires into substance.

Even so, looks can deceive. Despite appearing solid, the world and ourselves are a soup of excitedly charged particles. We are tiny building blocks of the universe vibrating at unimaginable rates of speed. In essence, we are beings of shimmering light with one foot on the physical plane. Each of us vibrates at a frequency designed to keep us at this level. We are here for interaction. The body allows us a treasure trove of shared experience and discovery. Each step we take is a journey toward light. We are historians and the body is our portable reference library to carry throughout an endlessly growing world.

The mental level is that of mind and of which the brain is the physical part. It is easily compared to a computer. As far as we know, information received from our senses is passed along via electrical impulses to the brain for analysis and storage. In effect, our mental level is a distribution centre where data that is both visible and invisible is evaluated. The frequency of the mental plane is greater than that of the physical plane. Consider the time it takes to think something physical compared to the time necessary to achieve it or even describe it in words. Logic, reasoning and comparison are functions of this plane; without them we could not build on the physical level. We would be artisans without tools to shape our world. The ideas formulated on the mental plane become physical only when we follow inspiration and design. In this way, we mold our ideas into a desired form using physical material. To create we must have motivation as an answer to our questions of "why?". Without rewards, there is no desire to succeed or grow.

The emotional level is our activator. It provides the power that we need for creativity. Our emotions have a tendency to swing like a pendulum, pausing longer at the extremes than at any other place in the arc. Awareness saves us from over-reaction. We are beings of two natures. Part of us is positive and constructive, part of us is negative and destructive. Just as life is multi-colored, we are never really all black or all white, although it may seem so at times. Our positive side gives us pause to reflect, evaluate and appreciate our environment. Our negative side provides us with the aggression, determination and ability to set limits and to attempt personal change. Our real need is to find the balance between the two. This is always a personal matter, accomplished at varying rates as we cross our bridges that we call physical lives.

Next week, we will look deeper into the subject. If you have any questions or comments, please mail them to us, c/o Now Newspapers, 418 - 6th Street, New Westminster. If you would like a reading, please call our psychic readings-by-telephone number, 939-6996.