

Searching out the soulmate

THE CRYSTAL CONNECTION with Crystell and Christophir

A while back, we received an interesting letter from a reader who asked us to explore the area of soulmates. Since this is the season of Valentine's, it seems somehow appropriate.

The first question is: What is a soulmate?

There are several theories about this. Some people believe that our soulmate is our eternal love and that we find each other in our various lives, our "one true love" over centuries of time.

But if this is so, how can we explain why a happily married person can suddenly find himself passionately attracted to another woman? Why does the well-balanced, conservative wife and mother abandon home and family to carry on a torrid love affair with the insurance salesman? Does finding a soulmate guarantee a life of contented bliss?

Some of the answers become clearer if we separate the term "soulmate" into three categories. The first type of soulmate could be termed a "karmic connection". The insurance salesman and the impetuous housewife may fall into this group. Part of the key to the situation is in the characteristics of passion. This is the person we meet and the sparks fly. The situation is highly explosive and we often react in un-characteristic and/or irrational ways. Whatever the reaction, it's hard to ignore the situation. What has happened is that we have encountered a person from a past life and there is unfinished business between us, or the experience is there to help us learn a specific "karmic lesson."

Perhaps in a past life we were lovers or even family members. We could have been business partners or fought a war together. Whatever the past situation, it ended before we were ready for an ending.

Now, we may be faced with the necessity of concluding our business with this individual. Sometimes we mistake these "cosmic connections" for true love and rush ahead to marry the man or woman, only to find ourselves bitterly disillusioned and disappointed. "Karmic connections" can also occur with a person to whom we have no past life connection but the time has come to deal with a karmic debt.

If we had once deserted a spouse, say, we may find ourselves deserted: If we cheated a business partner, we find ourselves cheated by others.

The upside to this is that we may not have been the nasty one. Maybe we worked tirelessly and unselfishly caring for others but were never rewarded in any positive way. In this case, we are likely to be the recipient of kindness and caring.

There are two other kinds of soulmates, but we'll have to explore those next week.

If you have any questions or comments, please mail them to us, c/o Now Newspapers, 418 - 6th St., New Westminster, B.C.